Contact Us:

Visit our website:
www.caminorecovery.com

Alternatively, please phone us for an informal chat. All enquiries are treated in confidence and with respect.

Tel: +34 951 107195
E-mail:
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www.caminorecovery.com

"Put your heart, mind and soul into even your smallest acts. This is the secret of success."

-Swami Sivananda
Our Retreat

Above the ancient town of Vélez-Málaga, this Andalucian Cortijo has panoramic vistas of the unspoilt Sierra de Tejeda Mountains and the Mediterranean Sea.

Resting on a 10 acre hilltop this treatment centre is an exclusive seven bedroom Cortijo, with a private swimming pool and tranquil sub-tropical gardens. With well over 300 sunny days a year, surrounded by mango and avocado groves, we’re the ideal setting for introspective work.

Expertise

- Alcoholism
- Cross Addiction
- Polysubstance Dependence
- Drug Addiction
- Anxiety Disorders
- Trauma
- Bipolar Disorder
- Chronic Relapse
- Co-dependency
- Unresolved Grief and Loss
- Mood Disorders
- Eating Disorders
- Gambling Addiction
- ADD/ADHD
True Individualised Care

Our aim is to help clients achieve their full potential. The treatment programme at Camino Recovery is designed to meet the unique needs of each individual. With over 80 years of combined expertise, our clinical team offers a wide range of evidence-based interventions – delivered with professionalism, dignity, and care – to give the best possible support.

- Individualised Treatment Plans
- Equine Assisted Psychotherapy (EAP)
- Trauma Resolution (EMDR)
- 12-Step
- Relapse Prevention
- On-going Support

- One to One Therapy
- Art Therapy
- Family Programme
- Medically Supervised Detoxifications
- Yoga, Meditation, Massage, Acupuncture, Mindfulness
- Fellowship meetings
- Leisure Activities

Our Approach

Camino Recovery offers an individualised, transformational journey of self-awareness. By treating each person with dignity and respect, our aim is to improve the lives of our clients and their family members.

"Going to Camino has changed my life. I am now living a sober life and it feels amazing. I would have never imagined a life without drugs or alcohol but I now know that it is possible."

- Camino Alumna